



THE SAN ANTONIO CHAPTER OF PARENTS OF MURDERED CHILDREN, INC.
For the families and friends of those who have died by violence

January Meeting

- 19 in attendance including 2 new families
- Refreshments provided by Margie Salinas and Kenneth Rojas
- Elected to 3 year BOD terms Mary Jane Peterson and Alfred Jeitani
- BOD elected for 1 year office
Mary Jane Peterson Chapter Leader
Aurora Valek Co-Chapter leader
Teri Cleborne Secretary
Margie Salinas Treasurer
- BOD appointed committees
- Lucy Ziegler LPC gave a wonderful program on Coping with Grief
- Donations received from Laura McDonald in honor of Charles English and from Laura McDonald in honor of Angela Rabke BOD member
- Al Huerta recovering from dog bites\
- BOD member Teri Cleborne recovering from car accident
- Mary Jane Peterson's stepdaughter in VA hospital
- As always we request prayers for all our members and families.
- Special thanks to Nathala Moody for her many years of service on BOD

November Meeting

When: Monday February 13, 2017

Time: 7:00 PM

Where: St. Luke's Catholic Church
4603 Manitou Drive
San Antonio TX 78228
Parish Center Hall Rm. 211

PROGRAM

Group Violence Intervention Program
William Miles Coordinator and Martin Henderson Outreach Manager

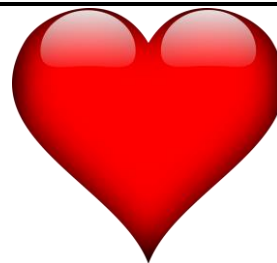
Kim Anderson Gifts of Love From Above
Will be guest speakers

Future Meetings

March 13 Sheriff Javier Salazar
April 10 David Evans SAPD Cold Cases
Crime Victims Rights Week April 2 to April 8
May 8 TBA

If you would like a special speaker or program please let us know.

If you would like to help with writing the birthday cards please contact Sharon Enderlin to volunteer at 1-325-379-1432 or enderlintow@hotmail.com. Volunteering is therapeutic! If you wish to help on a Committee please contact a chairperson or a BOD member



GIVE A GIFT IN HONOR OF YOUR LOVED ONE Sponsor a newsletter \$120.00 per issue, Sponsor a meeting \$25 Sponsor Birthday Cards \$50 per month, Sponsor a mailing \$100 Your name will be listed in the newsletter. Any size donation is appreciated. Books of stamps are welcome.

Please email the photos of your loved ones to the webmaster at the POMC website so we can link them to your loved ones name with their birth and date of death.

Call or email Rachelle Rodgers for assistance if needed. Contact: webmastebmaster@pomcsanantonio.org or 210-415-9049

Alfred Jeitani will be managing the web site as soon as he gets all info from previous webmaster



February Birthdays

- Rick Marin February 03
- Rene Tinajero February 04
- Brandon Shank February 06
- Sara Gonzales February 11
- Trever Gover February 14
- Michael Bussey February 14
- Anthony Jai February 17
- Frank Bautista Jr February 20
- Gary Flynn February 20
- Lacey Neill February 21
- Michael McMullen February 22
- Richard Elizando February 23
- James Stahl February 25
- Ronald Hurtlein February 26
- Orlando Saldana February 27

February Dates of Death

- Rudy Gonzales, Jr February 02
- Blasé Wright Jr February 02
- Michael Luna, Jr. February 03
- Danny A Thomas February 04
- Lisa Jimenez February 05
- Daniel Garcia, Jr. February 10
- Kenny Carroll February 11
- Ashley Villarreal February 11
- Harold Hughes February 14
- Norma Jean Lara February 14
- Blanca Garcia February 16
- Valerie Harrington February 17
- Luis E. Mora February 17
- Angel Avila February 19
- Susan Verstegen February 19
- Mike M. Lara February 24
- Mary Ann Joslin February 27

In grief it is important to be
HONEST


Be honest about how you feel
Even if others don't understand

Be honest about what you can do
Even if others are disappointed

Be honest about what you think
Even if others disagree

Be honest about what you say
Even if others don't hear it

Be honest about your beliefs
Even if others believe differently

By being honest with who we are
We are more likely to get the
support we need and we
encourage others to be honest
In their grief too 

I know You Sleep In Heaven

Written by Dave Hodges

www.Daveswords.com
I know you sleep in heaven,
and up there dream of me.
Waiting there for those you love,
until together we will be.
I know that you're not lonely,
in company of angels above.
Watching over and protecting,
those left behind you love.

S.A. Chapter POMC

information@pomcsanantonio.org National POMC 1-888-818-7662

Phone Support

Evelyn Guerrero 210-732-1908 (speaks Spanish)

Mary Jane Peterson 830-981-9490

Nathala Moody 210-654-3632

Bette Zickerfoose 210-789-6909 nursebetty234@yahoo.com

MEMBERS OFFER SUPPORT Court accompaniment:

If there is a hearing or trial in your loved ones case & you'd like to have another POMC member go with you to court, you can call:

Ida Gonzalez 210-404 3839

Anne Garza 210-621-2478

Mike Luna 210-373-4766

Nathala & Darrold Moody 210-654-3632

Temple Stralla 210-648-0731

Margaret Espinoza 210-433-8717

POMC will reimburse bus/parking for members who accompany other victims' families during court cases, up to \$10. Please save receipts. If you are able to attend court sessions with family or provide phone support & your name is not on one of these list please contact: Rachelle Barabe

webmaster@pomcsanantonio.org or 210-415-9049.

DIRECTORS

Mary Jane Peterson(Leader) 830-981-9490

Aurora Valek (Co-leader) 210-683-3999

Terri Cleborne (Secretary) 210-684-3392

Margie Salinas (Treasurer) 210-922-7950

Alfred Jeitani 210-636-7042

Ida Gonzalez 210-404 3839

Al Huerta 210-404-3839

Gloria Astudillo 210-341-7378

NEWSLETTER

Heather Gomez heathermariateresa@yahoo.com

APPOINTED CHAIRPERSONS

Refreshments: Margie Salinas & Aurora Valek

Press Releases: Jennifer Browne 210-508-3815

Birthday Cards: Sharon Enderlin 325-379-1432

Historian: Anne Garza 210-621-2478

Librarian: Yolanda Richards 210-827-4806

Photo Panels: Gloria Astudillo 210-341-7378

Web: Rachelle Rodgers 210-415-9049

webmaster@pomcsanantonio.org

Data Base: Alfred Jeitani 210-636-7042

Parole Block: Aurora Valek avelek@satx.rr.com

Crime Victims Week: Margie Salinas 922-7950

Day of Remembrance: Teri Cleborne

Other Helpful Numbers

Chaplain Matt Rice 210-340-4241

S.A.P.D. 210-207-7201

SA Police Police Chief – 210-207-7360

Bexar County Sheriff 210-335-6000

Dean Wideman, Forensic Scientist 210-336-7285

dnawideman@gmail.com

Crime Stoppers of San Antonio 210-207-7867 Heidi Search

Center 210-650-0428

Victim Services

Jennifer Brown - 210-508-3815

Texas Department of Criminal Justice Victim Services Division

Angie McCown – Director

800-848-4284 or 512-406 5900

For questions about Crime Victims Compensation Program Call the TX Attorney General's Office: 800-983-9933

Contact Robert Rodriguez, Eligibility Manager Bexar County D.A. Victims Assistance Coord.

Cynthia Jahn 210-335-2733

Website: www.pomcsanantonio.org

Mary Jane Peterson Email: mjpadar@aol.com

POMC PO Box 690173 San Antonio, Tx 78269

IF YOU ARE MOVING OR HAVE MOVED PLEASE CALL

MARY JANE TO CHANGE YOUR MAILING ADDRESS,

CALL 830-981-9490 TO MAKE CHANGES

DONATIONS

I wish to make a tax-deductible donation in the amount of \$_____ to the San Antonio Chapter of Parents of Murdered Children & Other Survivors of Homicide Victims.

In Memory Of: _____

In Honor of: _____

Donors Name: _____

Address: _____

City/State/Zip: _____

POMC members donations will be acknowledge in the newsletter

Name: _____

Address: _____

City/State/Zip: _____

Please Mail this form with your check to: POMC PO Box 690173 SA Tx 78269

THANK YOU FOR YOUR SUPPORT

Resources and References

- ▶ <https://cmhc.utexas.edu/griefloss.html>-Guide to coping with grief and loss, including normal grief reactions to expect. (University of Texas Counseling and Mental Health Center)
- ▶ <https://www.compassionatefriends.org>-National, self-help organization for those grieving the loss of a child. Includes a [Chapter Locator](#) and supportive [online brochures](#) on various aspects of grief. (The Compassionate Friends)
- ▶ <http://www.mayoclinic.org/healthy-lifestyle/end-of-life/in-depth/grief/art-20045340>-Grief: [Coping With Reminders After a Loss](#) – Tips for coping with the grief that can resurface even years after you've lost a loved one. (Mayo Clinic)
- ▶ <http://www.helpguide.org/articles/grief-loss/coping-with-grief-and-loss.htm>- Nonprofit website dedicated to charitable and educational purposes
- ▶ **Texas State Attorney General's Office Victims Compensation Fund.** Texas courts collect court costs from convicted offenders for the Crime Victims' Compensation Fund. If you are a victim of violent crime, you may be eligible for benefits. <https://www.texasattorneygeneral.gov/cvs/crime-victims-compensation>

**Parents of Murdered Children
San Antonio Chapter
P.O. Box 690173
San Antonio, TX 78269**

Return Service Requested

**Next Meeting
February 13, 2017 7PM
St. Luke's Catholic Church
4603 Manitou Drive
San Antonio TX 78228
Parish Center Hall Rm. 211**

NONPROFIT ORG.
U.S. POSTAGE
PAID
SAN ANTONIO, TX
PERMIT NO. 1001

No rule book. No
time frame. No
judgement. Grief is
as individual as a
fingerprint. Do what
is right for your soul.

~lfw